

# Market Update: Feb 3, 2025



## *“Canadian Crown”*

Gala Apples, Paula Red Apples, Mac Apples, Crispin Apples, Ginger Gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet)

### **Apples**

USA Honeycrisp, Gala, Red Delicious, Granny smith are available

**\*Local\*** apples available: Gala, Crispin, ginger gold, and Empire are all SPO

### **Pears**

**\*Alert\*** Bartlett are product of USA, Bosc and Anjou are special order, Cost high currently South African Pears will be available Next week

### **Melons**

**\*Alert\*** Cantaloupes and honeydews are product of the Tropics. Very limited Watermelons are from Mexico

### **Grapes**

**\*Alert\*** Red and Green Grapes are product of Chile/Peru/South Africa

### **Kiwi**

Green Kiwi product of New Zealand, Golden Kiwi is SPO.

### **Mangoes**

Mangoes Product of Mexico, ataulfo Mangoes are SPO

### **Oranges**

88 and 113 oranges are product of USA, Great Quality

### **Lemons**

Product of USA Quality is excellent on both 115 and 30 count Lemons

### **Limes**

Product of Mexico, both 48 and 230 count

### **Clementines**

Product of Morocco, 30lb, 15x2lb, and 4lb cases are now available

### **Pineapple**

Product of Costa Rica, Cost on the Rise

### **Blackberries/ Raspberries/Blueberries/Strawberries**

Blackberries, Raspberries are product of USA/Mexico

Blueberries are product of Peru, we are now into Full Pints

Strawberries are product of Florida/Mexico

### **Bananas**

Product from Guatemala, Plantain (Green and yellow) are SPO

### **Stone fruit**

Nectarines, and plums are available SPO Product of Chile

### **Avocados**

**\*Alert\*** Product of Mexico, Both 12's and 48's are available, Very Limited Cost on the Rise

## *Good Buys for the Week!*

Honeycrisp Apples

Gala Apples

Navel Oranges

4lb Clementines

Pineapple

Blueberries Full pints

English Cucumbers

Cauliflower

### **Broccoli**

Broccoli 18s, Broccoli Crowns are product of USA

### **Cauliflower**

Product of USA

### **Cabbage**

**\*Local\*** Red and Green Cabbage are now available Product of Canada, Savoy Cabbage is SPO

### **Eggplant**

Eggplant product of USA/Mexico

### **Brussels Sprout**

**\*Alert\*** Product from USA/Mexico

### **Asparagus**

**\*Alert\*** Product of Mexico 11lb case

### **Beans**

Green Beans are product of Mexico

### **Peppers**

**\*Alert\*** Red, Yellow and Orange Peppers are product of Spain/Mexico, Green Peppers are Product of Mexico

### **Bunches**

Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of USA

### **Celery**

Product of USA

### **Seedless Cucumbers**

**\*Local\*** Greenhouse Ontario English cucumbers

### **Lettuce & Greens**

Romaine, Romaine Hearts, Iceberg and Green Leaf lettuce product of USA

### **Processed Lettuce**

Product of Yuma, Costing is Normal Currently

### **Hot House & Vine tomatoes**

Product of Mexico, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

### **Tomatoes**

Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Mexico

**\*Alert\*** Round Tomatoes are Product of USA, Roma Tomatoes Product of Mexico, Very limited stock

### **Onion/ Carrots**

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Mexican

Carrots are product of Mexico, we also have available 2lb and 5lb carrots

### **Squash**

Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Mexico

### **Corn**

Corn is product of USA, 281397

### **Zucchini**

**\*Alert\*** Green and yellow product of Mexico

### **Potatoes**

**\*Canadian\*** currently carrying Russets and New crop Yukon Gold Potatoes, Mini "B" white and red Potatoes also available

Bud the Spud is back!!