

Market Update: September 23, 2024



“Canadian Crown”

Gala Apples, Paula Red Apples, Mac Apples, Crispin Apples, Ginger Gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Hot house tomatoes, Strawberries, Rhubarb, Zucchini, Broccoli, Corn, Lettuce (Romaine, Iceberg, Greenleaf), Celery, Squash (Butternut, Pepper, Buttercup and many more)

Apples

USA Honeycrisp, Cosmic Crisp, Gala, Red Delicious, Granny smith are available

Local apples available: Gala, Crispin, ginger gold, Paula Red all SPO

Pears

Bartlett are product of USA, Bosc and Anjou are special order,

Melons

Cantaloupes, honeydews, and Watermelons are product of USA.

Grapes

Red and Green Grapes are product of USA, Black grapes SPO

Kiwi

Green Kiwi product of New Zealand, Golden Kiwi is now available Special Order.

Mangoes

Mangoes Product of Mexico, ataulfo Mangoes small gap in the season.

Oranges

88 and 105 oranges are product of South Africa, Excellent taste

Lemons

Product of South Africa Quality is excellent on both 115 and 30 count Lemons

Limes

Product of Mexico, both 48 and 230 count

Clementines

Product of South Africa, both 22lb and 15x2lb are available

Pineapple

Product of Costa Rica

Blackberries/ Raspberries/Blueberries/Strawberries

Alert Blackberries, Raspberries are product of USA/Mexico, Product is very soft. And not lasting with the heat

Alert Blueberries are product of Peru, we are now into half Pints

Alert Strawberries are product of California, local Field Strawberries are available SPO only

Bananas

Product from Guatemala, Plantain (Green and yellow) are SPO

Stone fruit

Peaches are USA, Nectarines and local Blue Plums Still Local, Last weeks of Local Product

Avocados

Alert Product of Mexico, Both 12's and 48's are available

Good Buys for the Week!

Honeycrisp Apples

Strawberries

Pineapple

Local Yellow, Red, Orange Peppers

Green Zucchini

Broccoli

Alert ***Local*** Broccoli 18s, Broccoli Crowns are product of Canada, Cost on the Rise

Cauliflower

Alert ***Local*** Product of Canada/USA, Cost on the rise

Cabbage

Local Red and Green Cabbage are now available Product of Canada, Savoy Cabbage is SPO

Eggplant

Local Eggplant product of Local/USA

Brussels Sprout

Alert Product from USA/Mexico, Very limit supply

Asparagus

Alert Product of Peru/Mexico 11lb case

Beans

Local Green Beans are product of Local Cost coming down

Peppers

Local Red, Yellow and Orange, Rainbow are product of Ontario, Green Peppers are product of Canada

Bunches

Local Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of Canada, Local Basil Crate also available

Celery

Local Product of Canada

Seedless Cucumbers

Alert ***Local*** Greenhouse Ontario English cucumbers

Lettuce & Greens

Local Romaine, Romaine Hearts, Iceberg and Green Leaf lettuce, Last weeks of Local Product.

Processed Lettuce

Product is now from Salinas, Cost have come back to normal

Hot House & Vine tomatoes

Local Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

Tomatoes

Local Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Canada

Round Tomatoes are Product of USA

Onion/ Carrots

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Local

Alert Carrots are product of Mexico, we also have available 2lb and 5lb carrots

Squash

Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Ontario

Corn

Local Corn is product of Canada

Zucchini

Local Green and yellow product of Ontario, Local Zucchini Flowers are available

Potatoes

Canadian currently carrying Russets and New crop Yukon Gold Potatoes, Mini "B" white and red Potatoes also available