



Market Update: March 8, 2021

Alert
Cauliflower is tight at the market

“Good things grow in Ontario”:

Macintosh Apples, Honeycrisp apples, Gala Apples, Red Delicious Apples, Golden Delicious Apples, Spy apples, Courtland Apples, Ambrosia Apples, Beets, Bok Choy, Napa, Cabbage, Celery Root, Cucumber, Mushrooms, Onions (Spanish/ Red/ Cooking) , Hot house Tomatoes, Parsnips, Micro Sprouts, Bean Sprouts, Carrots, and Greenhouse Strawberries

Fruit

Apples

Available Varieties:

Granny Smith, Macintosh, Royal Gala, Red Delicious, Golden Delicious. Ginger Golden apples, Honeycrisp apples, Northern Spy apples, Courtland Apples, Gala Apples, Ambrosia Apples ...All Local Apples are Special Order

Pears

Bartlett and Anjou are available, Product from USA

Melons

Cantaloupes, Honeydew Product of USA Watermelons are From Mexico

Grapes

We have great quality green, red and black grapes available.

Kiwi

Product of Italy. Golden Kiwi is now available Special Order only.

Citrus

Oranges

We have received USA/Spain and the quality is excellent.

Juice Oranges

Product from USA

Grapefruit

Florida product has arrived and it looks great for early fruit.

Lemons

Quality is good, Product of Spain

Limes

Great Quality we have Switched to 48 count and 230 count only.

Pineapple

Excellent Quality

Berries

Blackberries

Great quality product is currently coming from Mexico.

Raspberries

Great quality product is currently coming from Mexico.

Strawberries

Florida/Mexico Strawberries are going Strong Great Quality

Local Greenhouse Strawberries are available SPO only

Blueberries

Great quality product is currently coming from Mexico.

Vine and Tropical

Bananas

An industry surcharge across all suppliers is resulting in a higher price on conventional bananas moving forward

Stone fruit

Chilean Peaches and Nectarines now available SPO only

Avocados

We have seen a further slowing in harvest from Mexico. Product coming in green.

Pomegranates

Product is out of Turkey special order only.

Vegetables

Broccoli

No issues with Supply. True Asian short cut crowns are also available.

Cauliflower

Great Quality, Market Very Tight Currently

Cabbage

Local Red and Green Cabbage is now available, Savoy Special Order

Eggplant

We are now loading from both Florida and Mexico.

Brussels Sprout

Great supply from Mexico

Asparagus

Mexican large size asparagus will be available. Market is very Strong Currently
We have now switched into the 28lb case

Beans

Product of Mexico

Peppers

Green Peppers and Red Peppers are product of Mexico, Yellow and Orange Peppers are now Spanish

Celery

The market has come down on the product, however not back to normal. The quality has been excellent!

Seedless Cucumbers

We are now into Ontario cucumbers. Looks like there will be good Ontario product from here on

Lettuce & Greens

The US market will be continuously soft. A good volume of leafy items will be available at a better price.

Hot House & Cluster Tomatoes

Product of Canada, Cluster Tomatoes are SPO

Tomatoes

Grape Tomatoes and Romas are Mexican out of Baja now. We are watching Florida and will list them once we see quality improving.

Onion

Local Red, Spanish, and cooking Onions Now available

Squash

Mexican Squash has started all varieties available

Carrots

Market remains steady with good quality, Product of Canada

Corn

Limited Quantities at the market but price has come down

Zucchini

Mexican product is starting to ease a little as we make our way into mid-February. Plantings are plentiful and we expect no supply disruptions in February.

Potatoes

Currently in stock Local White Potatoes, Yukon Gold Potatoes.

Good Buys

Apples
Navel Oranges
Red Grapes
Blueberries
Strawberries
Green Peppers
Red Peppers
Broccoli / Broccoli Crowns
Spanish Onions
Sweet Potatoes
Green Leaf Lettuce

