



Market Update: September 27, 2021

“Good things grow in Ontario”:

Macintosh Apples, Honeycrisp Apples, Gala Apples, Beets, Bok Choy, Napa, Cabbage, Celery, Celery Root, Cucumber English, Mushrooms, Onions (Cooking, Red, Spanish), Hot house Tomatoes, Cluster Tomatoes, Parsnips, Micro Sprouts, Bean Sprouts, Green/ Red/ Yellow/ Orange Peppers, Green Leaf Lettuce, Red Leaf Lettuce, Romaine Lettuce, Iceberg Lettuce, Basil With root, Zucchini (Green, Yellow, Veggie Marrow), Kale (Red, Green, Rainbow), Collards, Swiss Chard (Red, Green), Beans (Green, Yellow, Flat), Cauliflower, Broccoli, Strawberries, Potatoes (Large, small), Squash all Varieties, Pumpkins, Gourds

Alert: Peeled Garlic, Green Onions, Blueberries, English Cucumbers, Green Beans

Fruit

Apples

Ontario and Washington regions are starting up, Apples will be limited availability on some varieties.

Mac, Gala, Honeycrisp, Courtland, Red and Golden Apples are available

Pears

Bartlett, Bosc and Anjou are available, Product from USA new Crop

Melons

We have good availability on honeydews and Cantaloupes from USA.

Watermelons from Florida are available with good volume.

Grapes

We have great quality on California Red and Green Grapes.

Kiwi

Product of New Zealand. Golden Kiwi is now available Special Order only.

Citrus

Oranges

Product of South Africa/Morocco and they are quality is excellent.

Juice Oranges

Product from Morocco

Grapefruit

Product from South Africa

Lemons

Quality is good, Product of South Africa

Limes

Great Quality we have Switched to 48 count and 230 count only.

Pineapple

Excellent Quality, Product of Costa Rica, Price Has come down.

Berries

Blackberries

Market steady and good availability from Mexico/Guatemala.
California to start soon.

Raspberries

Raspberries will be readily available this week. Quality and price will be good.

Strawberries

Price has Come Down, Quality Getting better

Local Strawberries are available!

Blueberries

Product of Mexico, Small Gap in the growing season, should be back to normal in a couple of weeks

Vine and Tropical

Bananas

Product from Costa Rica and Ecuador, Price has come down but not to normal

Stone fruit

The California Nectarines, Peaches, and Plums have very good Quality and great Flavour

Avocados

We have seen a further slowing in harvest from Mexico. Product is coming in green.

Pomegranates

Pomegranates from USA are available with good volume. And good sizing (Jumbo).

Vegetables

Broccoli

Local Broccoli are available

Broccoli Crowns are Asian cut and now from the USA

Cauliflower

Great Quality Product of USA/Quebec

Local Cauliflower are available

Cabbage

New Crop Local Red and Green Cabbage is now available, Savoy Special Order

Eggplant

Local Eggplant are in.

Brussels Sprout

Product from Mexico, near the end of the season, waiting for new crop USA

Asparagus

Product from Mexico, back to 11lb Cases

Beans

Green Beans are local now, Wax Beans are SPO, and Local Season is almost finished

Peppers

Green, Yellow, Red and Orange Peppers are now local

Celery

Local Celery Still very Strong and Quality Excellent

Seedless Cucumbers

We are now into Ontario cucumbers. Looks like there will be good Ontario product from here on. Small Gap in the Growing Season

Lettuce & Greens

Local Iceberg, Romaine and Green Leaf Local Season is almost finished

Hot House & Cluster Tomatoes

Product of Canada, Cluster Tomatoes are SPO

Tomatoes

Grape Tomatoes Product of Mexico. Local Roma Tomatoes are available

Onion

Red, Spanish, White, Sweet and cooking Onions Now available

Squash

Local Squash Has Started... all varieties available SPO

Carrots

Market remains steady with good quality, Product of USA

Corn

Local Corn is almost coming to an end, Last week.

Zucchini

Local green and yellow zucchini seeing great supply. All products are coming from new harvest fields and quality has improved.

Potatoes

Yukon Gold Potatoes, and Russet Potatoes. Bud the spud has now finished for the Year. Local White Potatoes, Yukon Gold Potatoes have started

Good Buys

Local Strawberries
Local Red, Yellow, Orange Peppers
Local Radishes
Asparagus
English Cucumbers
Local Corn
Local Hot House Tomatoes
Local Cabbage
Local Squash
Red Onions
Spanish Onions
Sweet Potatoes

