



try something fresh

Market Update: May 14th, 2018

Local:

Watch for local (Canada) Asparagus, Romaine and Green Leaf to start in the next 7-10 days.

Good things grow in Ontario:

Apples	Celery Root	Parsnips
Beets	Cucumber (English)	Potatoes - white
Bean Sprouts	Mushrooms	Tomatoes (grape, hot house, red cluster)
Cabbage	Onions – Cooking	Rutabaga - waxed
	Peppers – red, yellow, orange	

Alert

Raspberry prices remains high. Zucchini yellow and green pricing high, expect to see a gap. Iceberg and green leaf pricing has gone up in price significantly. Asparagus (USA) change in pack size to 28lbs, expect high prices for the next few weeks. Blueberries price will be high till Georgia starts. Green peppers has gone up in price. Green Grapes pricing high.

Fruit

Apples

Available Varieties:

Ambrosia, Cortland, Empire, Granny Smith, Macintosh, Royal Gala, Red Delicious, Spartan, Golden Delicious.

Pears

Packham, Anjou, Bosc and Bartlett currently in season.

Watermelon

Market for watermelon will be active as temperature will be on the rise. It will be a little tight for the next few weeks and prices will be higher.

Melon

Cantaloupes continuing from Central America through May with good quality and price.

Grapes

Mexican green grapes have started, quality will be great but price will be high to start.

Kiwi

Good volume, but price will remain high for the next few weeks due to transition.

Citrus

Oranges

Product from Spain/Egypt, very sweet.

Juice Oranges

Valencia's now available, quality is excellent. Pricing starting to trend upwards.

Blood Oranges

Finished for the season.

Grapefruit

Florida fruit has finished, California started, we are also carrying some product from Israel.

Clementines

No Longer available until season starts again in the fall.

Lemons

We now have Spanish fruit available.

Limes

Limes have dropped in price, product of Mexico.

Berries

Blackberries

Price has come down, good volume..

Raspberries

The market remains very tight with limited availability for the next 1-2 weeks.

Strawberries

Berry Bowl brand has started, pricing starting to go down and will continue to drop over the next few weeks..

Blueberries

Blueberries transitioning to California and Georgia fruit next week, until then expect pricing to be high and limited availability.

Vine and Tropical

Pineapples

The market has hit a low and will stay there until mid-June, where we will see a tighter supply and rising prices.

Mangoes

Now into Mexican Tommy mangoes. All sizes are available and eating quality is great.

Stone Fruit

Peaches and Apricots (product of USA) are ready, nectarines later in the week. Plums product of South Africa.

Bananas

Market price back to normal range, expecting colouring and ripening to return to "normal".

Avocados

The market pricing on good quality fruit has stabilized, until new crop starts up in early June.

Vegetables

Broccoli & Cauliflower

Broccoli market stable, California has slowed production on Cauliflower due to rain, the market will be active for the next 2-3 weeks.

Zucchini

Product very limited on green and yellow, production in Mexico down due to diseases in the field and Florida is only producing small volumes at this time. Price will remain high.

Cabbage

Local Cabbage is finishing up but the market will remain steady.

Corn

Spring production is in full swing, prices have come off with an increase in volume.

Eggplant

Good supply out of Mexico, pricing promotable.

Asparagus

Asparagus pricing high, change in pack size to 28lbs, expect this trend to continue for a few weeks.

Beans

Beans are very limited right now out of Mexico and Florida with high pricing.

Peppers

Ontario hothouse peppers are seeing good availability and attractive pricing. **Green peppers out of Mexico, pricing through the roof.**

Celery

Celery market is steady and good supplies are coming!

Seedless Cucumbers

All Ontario from here on in. The market is seeing a lot of small sizes. That said price and supply are good overall.

Lettuce

Lettuce & Greens

Iceberg and Green leaf pricing high. Romaine down in price, watch for local Romaine to start in the next 7-10 days.

Tomatoes

Hot House & Cluster Tomatoes

Leamington has started with clusters, you will see a downward trend as volume increases over the next week, pricing has dropped, good deal.

Roma Tomatoes

Good quality and quantity out of Mexico.

Grape/Cherry Tomatoes

Ontario grape tomatoes have started, pricing high, starting to come down.

Tomatoes – 25 lbs.

Florida Tomatoes, in abundance, quality is good.

Onions, Carrots, Potatoes

Cooking Onions

New crop Mexican jumbo and colossal Spanish onions will be available next week, Ontario product only a few weeks left.

Green Onions

Currently coming from Mexico.

Squash

Availability challenging on Butternut this week, limited squash available.

Cabbage

Good Supply on green, red and savoy Cabbage.

Spanish & Red Onions

US Jumbo Spanish and red onions' prices are going down but US colossal are still tight.

Carrots

Now coming from Israel.

Potatoes

New variety available: Rooster red potatoes from PEI, they are a traditional Irish variety with a yellow flesh. SPO required.

BUD THE SPUD: A PEI Russet Potato available now and pricing is very good. Yukon Gold also a good option for fries.

New to the Market:

Two Special Order Products hitting the market in the next couple of weeks – Loquats (Spain), Apricots (California)

Good Buys

Avocados

Carrots

Corn

Eggplant

Lemons

Lettuce - Romaine & Hearts

Onions

Pineapple

Peppers (Ontario HH)

Potatoes

Tomatoes (Field, HH, Grape)